

# IMMUNE ENHANCEMENT THERAPY

Prevention is better than cure. Shoot Covid-19 before it shoots you.

Vitamin C is a highly effective antioxidant that protects the body's cells against reactive oxygen species that are generated by immune cells to kill pathogens. Primarily through this role, the vitamin affects several components of innate and adaptive immunity; for example, vitamin C has been shown to stimulate both the production and function of leukocytes (white blood cells), especially neutrophils, lymphocytes, and phagocytes. Specific measures of functions stimulated by vitamin C include cellular motility, chemotaxis, and phagocytosis. Neutrophils, which attack foreign bacteria and viruses, seem to be the primary cell type stimulated by vitamin C.

Additionally, several studies have shown that supplemental vitamin C increases serum levels of antibodies.